



How do we prevent bullying?

- School Behaviour Policy promotes positive behaviour
- Peer Supporters help to support those who may feel they are being bullied.
- School posters remind children bullying is unacceptable & shows ways to help
- School celebrates Anti-bullying week in November
- The School & Class Councils discuss ways to support and are proactive in gaining the opinions of peers

The Head, the Governors, the staff and children will work together to...

- Make our school a safe place for all.
- We will help everyone to get on with each other
- We believe that everyone has the right to be who they are.
- That means no bullying is allowed.



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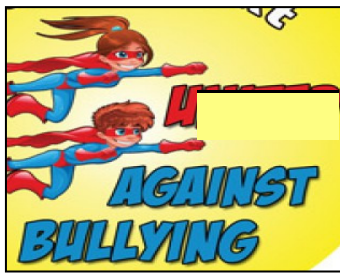
Thomlinson Junior School

Child Friendly

Anti-bullying policy



Learning Through
Adventure & Experience.



What is bullying?

At Thomlinson Junior School a bully is someone who hurts the same person more than once, (so, lots and lots of times!) by using behaviour which is meant to hurt, frighten or upset them.

The different types of bullying are:

- Emotional: Hurting people's feelings, leaving people out, being bossed about.
- Physical: Punching, kicking, spitting, hitting, pushing.
- Homophobic: Calling a person homophobic names; using the word 'gay' in a bad way.
- Through a 3rd person: Sending a friend with horrid messages.
- Verbal: Being teased, name calling, hand signs
- Racist: calling you racist names.
- Sexual: Rude comments, touching you when you don't like it.
- Cyber: texts, e-mail, online messaging e.g. Facebook, Whatsapp, Instagram.

When is it bullying?

If you are bullied...

DO:

- Ask them to STOP if you can.
- Use eye contact and tell them to go away.
- **TELL SOMEONE!**

DON'T:

- Do what they say.
 - Get angry.
 - Hit them.
- Think it is your fault.
 - Hide it.

STOP !



Several
Times
On
Purpose

Who can I tell?

- A friend.
- A family member
- Teachers
- Peer Supporters
- Lunch time staff
- Any other adult



MOST IMPORTANTLY

If you are being bullied.....

Start
Telling
Other
People

